

# SENIOR MEALS MENU – MARCH 2025

Please choose 6 meals for each week and **return to your delivery person by 2/24/2025.**

<p>NAME: _____ March 3, 2025</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sausage, Egg &amp; Cheese Sandwich with Yogurt</li> <li><input type="checkbox"/> Taco Soup</li> <li><input type="checkbox"/> Honey Mustard Chicken, Red Potatoes &amp; Broccoli</li> <li><input type="checkbox"/> Tuna Salad Sandwich with Pea Salad</li> <li><input type="checkbox"/> Shepherd's Pie</li> <li><input type="checkbox"/> Pizza Casserole with Green Beans</li> <li><input type="checkbox"/> Ham, Corn Casserole &amp; Carrots</li> <li><input type="checkbox"/> Cheesy Chicken Soup</li> <li><input type="checkbox"/> Spinach Salad - <i>Spinach, apple, red onion, cranberries, walnuts, feta cheese</i></li> </ul>	<p>NAME: _____ March 10, 2025</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Scrambled Eggs with Bacon &amp; Grits</li> <li><input type="checkbox"/> Tomato Soup with Grilled Cheese</li> <li><input type="checkbox"/> Baked Chicken with Stuffing and Green Beans</li> <li><input type="checkbox"/> Cajun White Fish &amp; Rice Pilaf with Vegetables</li> <li><input type="checkbox"/> Swedish Meatballs with Mashed Potatoes &amp; Peas</li> <li><input type="checkbox"/> Cheesy Taco Pasta</li> <li><input type="checkbox"/> Pork Stir Fry</li> <li><input type="checkbox"/> Chicken &amp; Rice Soup</li> <li><input type="checkbox"/> Turkey Club with Potato Salad</li> </ul>
<p>NAME: _____ March 17, 2025</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Oatmeal Muffin with Yogurt</li> <li><input type="checkbox"/> Savory Winter Soup</li> <li><input type="checkbox"/> Seasoned Chicken Breast, Butter Pasta &amp; California Blend</li> <li><input type="checkbox"/> Stuffed Peppers</li> <li><input type="checkbox"/> Corned Beef &amp; Cabbage with Potatoes</li> <li><input type="checkbox"/> Tuna Casserole</li> <li><input type="checkbox"/> Apple Roast Pork, Sweet Potatoes &amp; Green Beans</li> <li><input type="checkbox"/> Chili with Cornbread</li> <li><input type="checkbox"/> Southwest Chicken Salad – <i>Chicken, iceberg, romaine, black beans, red pepper, corn, red onion, cheddar cheese, southwest ranch</i></li> </ul>	<p>NAME: _____ March 24, 2025</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Breakfast Bowl</li> <li><input type="checkbox"/> Tuscan Sausage &amp; Vegetable Soup</li> <li><input type="checkbox"/> BBQ Chicken Thigh, Loaded Mashed Potatoes &amp; Green Beans</li> <li><input type="checkbox"/> Lemon Garlic Salmon, Red Potatoes &amp; Peas</li> <li><input type="checkbox"/> Beef Burrito with Corn</li> <li><input type="checkbox"/> Ham &amp; Noodle Casserole with California Blend</li> <li><input type="checkbox"/> Red Beans &amp; Rice</li> <li><input type="checkbox"/> Broccoli Cheddar Soup</li> <li><input type="checkbox"/> Grilled Chicken Salad - <i>Chicken, iceberg &amp; romaine lettuce, tomato, red onion, cheddar cheese, cucumber, croutons</i></li> </ul>

If you have any questions or need to call/text in your order, please contact us at 219-204-1189

# SENIOR MEALS MENU – MARCH 2025

Please choose 6 meals for each week and return to your delivery person by 2/24/2025.

NAME: \_\_\_\_\_ March 31, 2025

- French Toast Casserole
- Ham & Bean Soup with Cornbread
- Creamy Garlic Chicken, Pasta & Broccoli
- Unstuffed Cabbage Rolls
- Beef Pot Pie
- Philly Cheesesteak Pasta
- Smoked Sausage, Potatoes & Green Beans
- Chicken Noodle Soup with Peanut Butter Sandwich
- Buffalo Chicken Wrap with Cottage Cheese

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