

SENIOR MEALS MENU – OCTOBER 2024

Please choose 6 meals for each week and **return to your delivery person by 4/29/2024.**

<p>NAME: _____ Oct 7, 2024</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sausage, <input type="checkbox"/> Egg & Cheese Sandwich with Yogurt <input type="checkbox"/> BBQ Roast Pork, Cheesy Mashed Potatoes & Southern Lima Beans <input type="checkbox"/> Tuna Salad Sandwich with Cottage Cheese <input type="checkbox"/> Lasagna with Roasted Zucchini <input type="checkbox"/> Swedish Meatballs, Egg Noodles & Roasted Carrots <input type="checkbox"/> Cheeseburger Soup <input type="checkbox"/> Chicken Cordon Bleu, Roasted Sweet Potatoes & Green Beans <input type="checkbox"/> Stuffed Pepper Soup <input type="checkbox"/> Turkey Club & Broccoli Salad 	<p>NAME: _____ Oct 14, 2024</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pancakes with Fried Apples <input type="checkbox"/> BLT with Ranch Pasta Salad <input type="checkbox"/> Cajun White Fish, Butter & Herb Pasta & Brussels Sprouts <input type="checkbox"/> Cheesy Taco Pasta <input type="checkbox"/> Baked Steak, Mashed Potatoes & Gravy with Corn <input type="checkbox"/> Italian White Bean Soup <input type="checkbox"/> Roasted Chicken Legs & Cheesy Hashbrowns <input type="checkbox"/> Creamy Potato & Sausage Soup <input type="checkbox"/> Spinach Salad <small>Spinach, apple, red onion, cranberries, walnuts, bleu cheese</small>
<p>NAME: _____ Oct 21, 2024</p> <ul style="list-style-type: none"> <input type="checkbox"/> Breakfast Bowl <input type="checkbox"/> Bratwurst with Sauerkraut & Potatoes <input type="checkbox"/> Breaded Catfish & Veggie Rice <input type="checkbox"/> Chicken & Noodles, Mashed Potatoes & Green Beans <input type="checkbox"/> Beef Enchiladas with Mexican Street Corn <input type="checkbox"/> Vegetable Soup <input type="checkbox"/> Honey Mustard Chicken, Roasted Red Potatoes & Peas <input type="checkbox"/> White Chicken Chili <input type="checkbox"/> Egg Salad Sandwich & Ambrosia Salad 	<p>NAME: _____ Oct 28, 2024</p> <ul style="list-style-type: none"> <input type="checkbox"/> French Toast Casserole <input type="checkbox"/> Egg Roll Bowls <input type="checkbox"/> Fish Tacos & Ranch Coleslaw <input type="checkbox"/> Pumpkin Alfredo with California Blend <input type="checkbox"/> Country Fried Steak, Mashed Potatoes & Gravy & Green Beans <input type="checkbox"/> Lasagna Soup <input type="checkbox"/> Chicken & Broccoli with Rice <input type="checkbox"/> Taco Soup <input type="checkbox"/> Grilled Chicken Salad <small>Chicken, iceberg & romaine lettuce, tomato, red onion, cheddar cheese, cucumber, croutons</small>

If you have any questions or need to call/text in your order, please contact us at 219-204-1189