SENIOR MEALS MENU – NOVEMBER 2024

Please choose 6 meals for each week and return to your delivery person by 10/28/2024.

NAI	ME: Nov 4, 2024	NAME:Nov 11, 2024
	Western Scrambled Eggs with Homestyle Potatoes Cheesy Chicken Soup Pad Thai BBQ Chicken Thigh with Au Gratin Potatoes & Baked Beans Pork Carnitas with Black Bean & Corn Salsa Italian Wedding Soup	 Carrot Muffin & Yogurt Savory Winter Soup Pizza Casserole with Green Beans Garlic Mushroom Chicken with Red Potatoes & Corn Roast Pork with Mashed Potatoes & Gravy & Broccoli Potato Soup Sloppy Joe with Macaroni & Cheese Lemon Garlic Salmon with Roasted Root Vegetables Chicken Bacon Ranch Wrap & Coleslaw
	tomato, cucumber, croutons, cheddar cheese	
NAI	ME:Nov 18, 2024	NAME:Nov 25, 2024
		NAME:Nov 25, 2024 Oatmeal with Fruit Beef & Barley Soup Philly Cheesesteak Pasta with Broccoli Chicken Fried Rice Sausage, Potato & Green Beans Chicken Tortilla Soup Beef Burrito with Corn Oven Fried Fish with Potato Wedges Club Wrap with Macaroni Salad